

**JUMP START YOUR FITNESS GOALS BY JOINING WW**



# TWO LOCATIONS

Tuesdays 9:00 a.m. – 10:00 a.m.  
City Hall – 125 N. Main Street  
7<sup>th</sup> Floor Conference Room

Wednesdays 11:45 a.m. – 12:45 p.m.  
2714 Union Ave. Ext. 4<sup>th</sup> Floor  
Total Rewards Training Room

If you are interested in starting a series at your location, you must have at least 15 participants committed to attend a Kick-Off session. For more details, email [wellness@memphistn.gov](mailto:wellness@memphistn.gov).

Whether you're continuing your journey or ready to get started, join us at the next Kick-Off.

Mark your calendar, rally your colleagues and get started on your journey to wellness!



WW Workshop series length varies by company. 12-and 17-week Workshop series new/renewing members receive a 15% discount when they enroll/renew at the Kick-Off. 26-week Workshop series new/renewing members receive 10% discount. Minimum enrollment required to start a WW Workshop at the workplace. Total payment required in advance for Workshops.

The WW Coin Logo and Weight Watchers are the registered trademarks of WW International, Inc. Wellness that Works is the trademark of WW International, Inc.  
©2018 WW International, Inc. All rights reserved.

