

# Employee Fitness

---

## FITNESS CENTERS HOURS & LOCATIONS

### **City Hall**

*125 N. Main Street, Rm. 2B-27*

Mon. - Fri. 7 a.m. - 7 p.m.

### **Union Avenue Ext'd**

*2714 Union Ave. Ext'd, 5<sup>th</sup> Floor*

Mon. - Fri. 7 a.m. - 7 p.m.

### **170 N. Main**

*170 N. Main Street*

Mon. - Fri. 7 a.m. - 7 p.m.

### **Stiles Plant**

*2303 N. 2<sup>nd</sup> Street*

Mon. - Fri. 7 a.m. - 3 p.m.

### **Maxson Plant**

*2685 Plant Road*



For fitness center access, e-mail

[wellness@memphistn.gov](mailto:wellness@memphistn.gov)