

PROFESSIONAL DEVELOPMENT CLASSES



Open the door to your future career changes by signing up for a training today! Improve your interpersonal, technical, and social skills with our professional development courses!

ONGOING PROFESSIONAL LEARNING

CAREER CENTER- RESUME REVIEW/MOCK INTERVIEWS
(9:00 - 11:00 AM)/(1:00 - 3:00PM)

Feb.
18

Mar.
17

EMOTIONAL INTELLIGENCE
8:30 - 11:30 AM

Feb.
16

Mar.
16

LEARNING TO SAY 'NO'
11:00 - 12:00 PM

Feb.
23

Mar.
1

RESPECTFUL WORKPLACE
8:30 - 11:30 AM

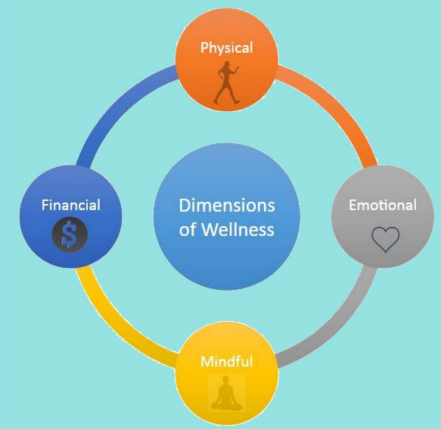
Mar.
10

VIRTUAL POWER UP RETREAT

Does your team need a recharge? Need skills for effective communication, conflict management, teambuilding, or motivation & growth? Power Up with this virtual teambuilding retreat for your team!

Managers and supervisors email otdcom@memphistn.gov for your requests.

WELLNESS TRAININGS



For questions or registration help, contact Wellness@memphistn.gov.

OPERATION HOPE

Receive coaching tips on credit and money management, home ownership and financial disaster preparedness. Click [here](#) for class descriptions and booking with Regina. Click [here](#) for class descriptions and booking with Darfeis. Sign up for other scheduled classes [here](#) in Oracle.

VIRTUAL FITNESS WITH T.R.A.P FITNESS

Get your groove on while staying fit and social distancing with Alton Williams with Team. Resistance. Aerobics. Plyometrics. (T.R.A.P.) Fitness Classes. It's never too late to start! Click [here](#) for dates and registration.

The following training classes are postponed until further notice – Communication Strategies, Management 101, Team-building, Successful Interviews, and Embracing a Multi-Generational Workforce.