



City of  
**MEMPHIS**



# This is *your* year for wellness success

City of Memphis has partnered with WW (Weight Watchers® reimagined) to help you achieve your weight-loss goals. **Get an exclusive discount of 50% off of Digital and Unlimited Workshops + Digital or 100% off of WW for Diabetes.\***

Start *your wellness journey* today!

Sign up or learn more at [WW.com/us/CityofMemphis](http://WW.com/us/CityofMemphis)



- ✓ WW's most holistic wellness program
- ✓ Members get a customized, science-backed weight-loss plan
- ✓ Award-winning app packed with stay-on-track tools

## Get 24/7 support

- ✓ Around-the-clock live Coaching, via the app and website
- ✓ On-demand audio and video workouts, meditations, and more
- ✓ Supportive Workshops—both in-person and virtual\*\*

\*\*Unlimited Workshops + Digital membership only.

## WW for Diabetes<sup>†</sup>

- ✓ Unlimited support from a Certified Diabetes Educator<sup>†</sup>
- ✓ Members get help managing type 2 diabetes and losing weight
- ✓ Plus, get access to WW's Unlimited Workshops 16 hrs day/7 days a week

**Already a WW member?** You can sync your current WW account to get this discount.

**Questions on signing up or syncing your current account?**

Call WW Customer Service at 866-204-2885.



\*Monthly payment is required in advance. You will be automatically charged each month in accordance with company pricing until you cancel or your employment with your company terminates. Available in participating areas only.

† WW for Diabetes membership plan: May be available to those who meet eligibility criteria, and participation requires an Unlimited Workshops + Digital membership, the availability of which will vary in accordance with company size and commitment. Further restrictions apply.

‡ The WW for Diabetes information and guidance provided by the CDE is not intended as a substitute for medical diagnosis or treatment; you should always consult your physician about any healthcare issues.